



Excerpts from the Newsletter issued by Abiko City [Tel:04-7185-1111](tel:04-7185-1111)

What is the Learning Support Classroom?

Abiko City operates learning support classrooms in cooperation with the organizations that belong to the Children's Learning Support Network, cooperative system with volunteer organizations launched in 2018. Our goal is to support kids so that they can continue studying at school with hope for their future.

Inquiry: Social Welfare Section (Ext. 652)

What is the learning support classroom like?

Open to Anyone

Anyone who lives in Abiko and wants to study more can join the classes.

Free of Charge

You can study using your own textbooks or workbooks free of charge. Some classrooms provide homework support (a few classrooms may charge a fee).

Nearby

There are 15 classrooms in the city, so you can choose a classroom close to your home. You are able to attend more than one classroom.

Fun

You can enjoy studying hard with your friends. Our staff members will kindly support you with areas you don't understand or any subjects you find difficult.

Voices from parents and children

- ★ My child is able to study at his/her own pace without feeling any pressure.
- ★ Starting to attend the classroom was one of the best decisions I made as a foreign resident. Since everyone helps and encourages me, this is the place which always gives me new chances.
- ★ My child says, "I want to study at the classroom," and even checks the schedule by himself/ herself. I am very grateful that my child has a safe place where he/she can study with his/her friends.

Inzai Fureai Bus — Detour Operation on Fusa Route from April 1 (Wed) to March 31, 2027

As stormwater main line construction work will start in the Fusa area, the following bus stops will be unavailable:

- Fusa Post Office
- Community Center (Fusa no Kaze)
- Miyako Iriguchi (Entrance to Miyako)



Passengers who usually use the above stops are asked to use “Fusa Station East Exit” or “Miyako” instead.

Inquiry: Tansportaion Policy Section (Ext. 330)

RS Virus (RSV) Vaccination for Pregnant Women to Become a Routine Immunization on April 1, 2026

Receiving the vaccination during pregnancy can help prevent lower respiratory tract diseases caused by RSV in the newborn period and infancy for the baby in the womb. Details such as designated medical institutions will be shown on the city’s official website when they are finalized.

Eligibility: Pregnant women who are registered as residents of the city at the time of vaccination and who are between 28 weeks 0 days and 36 weeks 6 days of pregnancy.

Spring Tea Ceremony at the Former Inoue Residence

Why don’t you sit at a tea ceremony and enjoy some tea in a traditional house built in the Edo period? The tea will be served by members of the Tea Ceremony Club of Chuo Gakuin High School.



- Date & Time: March 21 (Sat)
10:00 ~ , 11:00 ~ , 13:00 ~ , 14:00 ~ (Each session lasts 30 minutes.)
- Venue: Former Inoue Family Residence
- Capacity: 15 people per session (first come, first served, application required)
- Fee: ¥500
- Application: From March 5 (Thu) via LINE
- Inquiry: Cultural and Sport Section, Board of Education Tel: 04-7185-1583

Individual Number Card Services on Weekends (Issuance by reservation only)

Call the Civic Section at 04-7185-4326 (8:30a.m. ~ 5:00p.m. on weekdays except national holidays) for a reservation by the day before.

Dates and Hours		Reservation will be accepted
March 14 (Sat)	9:00 ~12:00	Accepting reservations
April 12 (Sun)	9:00 ~12:00	from 9:00 a.m. on March 25 (Wed)

Location: Civic Section (Abiko City Hall, 1F)

Services: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, etc.

Requirements: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver’s license, health insurance card, bank passbook, etc.)

Advisory Services- March, 2026

*** Reservation required**

Item	Date/Time	Location	Contact
Legal Advice	March 5, 12, 17, 19 and 24 10:30 ~ 15:00	Civic Consulting Room, 2F, Abiko City Hall Or by telephone	Secretarial Section * Tel: 04-7185-1714 Call for an appointment
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 04-7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Support Office for DV Social Welfare Section Tel: 04-7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 ~ 16:30	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counselor will call you back later.

Public Health Care Center Programs – March, 2026 Tel:04-7185-1126*

Item	Date	Eligibility
Welcome Baby Classes	March 7, 14 and 21 (Sat) Reservation required*	Expecting women of 20 weeks or over, and their family

Consultation for 4-month-old children	March 3 and 10 (Tue)	Children born in Oct, 2025
Health Checkup for 18-month-old children	March 5 (Thu)	Children born between Aug 13 and 31, 2024
Dental Checkup for 2-year and 8-month-old children	March 12 (Thu)	Children born in Jul, 2023
Health Checkup for 3-year-old children	March 5 (Thu)	Children born between Aug 17 and 31, 2022
Dental Checkup for 5-year-old children	March 12 (Thu)	Children born between Feb 23 and Apr 1, 2021
Baby Food Class for 4 to 6-month-old babies	March 19 (Thu) Reservation required*	First 30 applicants (parents)
Baby Food Class for 8 to 9-month-old babies	March 11 (Wed) Reservation required*	First 20 applicants Children born in Jun, 2025

— Urgent Health Care Consultations —

1. Sudden Illness at Night or on Holidays: hospital introductions

Call Fire Station at 04-7184-0119. They will advise you of an appropriate holiday/night-time emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, call 119 for an ambulance.

2. Child's Sudden Illness at Night: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 8:00 next day A nurse will advise you about the care to be taken for your infant/child.

3. Sudden Illness at Night and Holidays: telephone consultation with a nurse

Call #7119 or 03-6810-1636. Hours: weekdays and Saturdays 18:00 ~ 8:00 next day
Sundays, Holidays, and year-end/New Year holidays: 9:00 ~ 8:00 next day

4. Illness or Toothaches on Holidays: contact Holiday Clinic at 04-7187-7020

(1) Dentist: 9:00 ~ 11:30 (2) Internal Medicine & Pediatrician: 9:00 ~ 11:30, 13:00 ~ 16:30

Note: Holidays: Sundays, national holidays, year-end/New Year holidays

Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

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