



Excerpts from the Newsletter issued by Abiko City [Tel:04-7185-1111](tel:04-7185-1111)

New Year's greetings from Mayor HOSHINO and Chairperson of the City Council, HIGURASHI



◆ Mayor's greetings:

I extend our heartfelt New Year's greetings.

Last year marked the 55th anniversary of Abiko city's establishment.

Together with our citizens, we celebrated through commemorative events and numerous collaborative projects.

This year, we will continue striving to build a peaceful waterside city for future generations, "A City for Me, My Children, and My Grandchildren."

We will dedicate ourselves to creating a community where residents can say, "I'm glad I live in Abiko" and "I want to live here forever."

In support of raising children, to address the shortage of pediatricians in the city, a pediatric clinic will open on January 5th, south of Tennodai Station, utilizing the "Pediatric Clinic Establishment Promotion Subsidy."

established in fiscal year 2024 as the first initiative of its kind in the prefecture.

Pediatric care will also begin at Abiko Seijinkai Hospital on January 5th.

In April, we will open the "Children and Family Center" within ABBY CUORE near the south exit of Abiko Station, advancing our efforts to create a city where parents can raise children with peace of mind.

Furthermore, we are proceeding with preparations for the Kohoku Fire Station, aiming for its opening this year. Starting in April, we will also increase the number of emergency crews to respond to the growing demand for emergency medical care. Concurrently, we will steadily advance the development of the outdoor stadium at Gohonmatsu Sports Field and the reconstruction of the gymnasium at Kohoku Elementary School.

We hope this year will be one of health and fulfillment for everyone.

◆ Chairman's greeting

I would like to extend our sincere New Year's greetings. We hope that the Year of the Horse, 2026, will be a meaningful year in which we, together with our local communities, achieve

further growth with dynamic energy.

At the December 2025 regular city council meeting, a resolution was passed to reduce the number of council members from 24 to 21 starting with the next election. We are determined to achieve more efficient council management, as well as an important step toward building a brighter future for our community by fostering deeper dialogue and stronger unity to fully live up to the trust of our citizens.

Furthermore, as a part of our digital transformation efforts, it has been one year since the city council introduced its paperless meeting system. Council members themselves have actively adopted digital technology, and we see tangible results that have led to improved council management.

We will continue to maximize the power of digital technology, advancing discussions swiftly and flexibly, and striving for better council management.

Just as horses once plowed into the earth, paving the way for future harvests, we too are determined to carve out new values one step ahead this year.

In closing, I would like to offer my heartfelt wishes to all citizens for healthy, smiling days and a brilliant year filled with hope and joy.



EVENTS

Fire Department New Year's Parade

Date: January 10th (Sat) a. 9:30-10:40, b. 10:45-12:00

Place: City Gymnasium

Event: Ceremony, Performances by the Chuo Gakuin High School Cheerleading Club and Kids Firefighting Club (Keiai Kindergarten), the Abiko Junior High School Brass Band performance, and a Spraying water performance by Fire Department and volunteer firefighters

Contact: 04-7181-7700, General Affairs Section, Fire Department

Free invitation to NEC Green Rockets Tokatsu (Rugby) Host Town Day

Date: February 8th (Sun) 12:00-

Place: Kashiwa-no-ha Park General Stadium

Rugby match against NIPPON STEEL KAMAISHI SEAWAVES

Fee: Free (administration fee not included), 250 pairs, 500 people (by lottery)

*Application required by February 1st via this QR code

Eligibility: Abiko City residents



Individual Number Card Services on Weekends (Issuance by reservation only)

Call the Civic Section at 04-7185-4326 (8:30a.m. ~ 5:00p.m. on weekdays except national holidays) for a reservation by the day before.

Dates and Hours	Reservation will be accepted
Jan 17 (Sat) 9:00 ~12:00	Accepting reservations, by phone: from Jan 5th
Feb 15 (Sun) 9:00 ~12:00	From 9:00 on Jan 28th (Wed)

Location: Civic Section (Abiko City Hall, 1F), Tel 04-7185-4326, ext. 693

Services: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, etc.

Requirements: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver's license, health insurance card, bank passbook, etc.)

Advisory Services- Jan, 2026

* Reservation required

Item	Date/Time	Location	Contact
Legal Advice	Jan 15, 20, 22, 27, and 29 10:30 ~ 15:00	Civic Consulting Room, 2F, Abiko City Hall Or by telephone	Secretarial Section * Tel: 04-7185-1714 Call for an appointment
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 04-7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Support Office for DV Social Welfare Section Tel: 04-7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 ~ 16:30	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counsellor will call you back later.

Public Health Care Center Programs – Jan, 2026 Tel:04-7185-1126*

Item	Date	Eligibility
Maternity Class (Welcome Baby Gakkyu)	Jan 10, 17, and 24 (Sat) Reservation required*	Expecting mothers of 20 weeks or over, and their family

Consultation for 4-month-old children	Jan 6, and 13 (Tue)	Children born in Aug 2025
Health Checkup for 18-month-old children	Jan 8, and 15 (Thu)	Children born between May 26 and July 3, 2024
Dental Checkups for 2-year and 8-month-old children	Jan 22 (Thu)	Children born in May 2023
Health Checkup for 3-year-old children	Jan 8, and 15 (Thu)	Children born between May 21 and Jul 11, 2022
Dental Checkup for 5-year-old children	Jan 22 (Thu)	Children born between Dec 15, 2020, and Jan 18, 2021
Baby Food Class for 4 to 6-month-old babies	Jan 30 (Fri) Reservation required*	First 30 applicants
Baby Food Class for 8 to 9-month-old babies	Jan 14 (Wed) Reservation required*	First 20 applicants Children born in Apr 2025

— Urgent Health Care Consultations —

1. Sudden Illness at Night or on Holidays: hospital introductions

Call Fire Station at 04-7184-0119. They will advise you of an appropriate holiday/night-time emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, call 119 for an ambulance.

2. Child's Sudden Illness at Night: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 8:00 next day A nurse will advise you about the care to be taken for your infant/child.

3. Sudden Illness at Night and Holidays: telephone consultation with a nurse

Call #7119 or 03-6810-1636. Hours: weekdays and Saturdays 18:00 ~ 8:00 next day
Sundays, Holidays, and year-end/New Year holidays: 9:00 ~ 8:00 next day

4. Illness or Toothaches on Holidays: contact Holiday Clinic at 04-7187-7020

(1) Dentist: 9:00 ~ 11:30 (2) Internal Medicine & Pediatrician: 9:00 ~ 11:30, 13:00 ~ 16:30

Note: Holidays: Sundays, national holidays, year-end/New Year holidays

Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

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Edited & Translated by: Abiko International Relations Association (AIRA)

Tel: 04-7183-1231 Fax: 04-7183-2005

E-mail: info@e-aira.jp <https://www.e-aira.jp>