

*Newsletter*



No.354

# *Abiko*

April 1, 2024

Excerpts from the Newsletter issued by Abiko City [Tel:04-7185-1111](tel:04-7185-1111)

## **Abiko, a Sustainable Peaceful Waterside City**

In 2023, 697 babies were born in Abiko, and 1547 people passed away, including 850 natural deaths. There have been more new incoming residents than outgoing ones for eight consecutive years. This favorable trend has been gained by the Abiko city's policy of promoting migration and settlement of younger generations.

Although there was an increase in the total population in 2023, Abiko city predicts a decrease in number in the future. It is crucially important to develop Abiko city as a sustainable one where many people want to live and continue to live.

In Fiscal 2024, to promote an environment conducive to raising children, Abiko city will launch "Pediatric Clinic Opening Promotion Subsidy" program, which is the first one adapted in Chiba Prefecture. This subsidy will be provided to those who establish or continue pediatric clinics in the west part of the city. Furthermore, the city extends further assistance to them through "pediatric medical support fund", which will be added to the medium and small sized enterprise loan system.

Abiko city will open the pregnancy and childcare consultation counter at Abby Cuore (in Ito Yokado) near the south exit of Abiko station. Maternal and child health handbook will be issued at two locations: the consultation counter and health center. Face-to-face interviews at the time of every pregnancy notification will be secured to enhance more supportive systems.

Abiko city keeps on moving forward to create a city where everyone can live with peace of mind and a town which is chosen by people as the city they would like to live in.

Mayor of Abiko City HOSHINO Junichiro

## Family Support Center Holiday Childcare Service

When parents cannot take care of children due to work or other reasons on holidays, family support providing members will take care of the children at their homes. If you want to use this service, you need to complete the registration procedure at Family Support Center (registration fee: ¥500, annual fee: ¥1,200). You also need to have pre-meetings with the family support providing members.

Holiday Childcare Availability Dates: Sundays and public holidays, year-end and New Year holidays

Time: 7:00 ~ 17:00 (If there are no support providing members available, your request may be refused.)

Eligibility: Children living in Abiko city, aged 6 months, and over attending nursery school, certified preschool facilities or kindergartens, or elementary school children attending afterschool nursery schools.

Fees: Daily rate per child    Under 3 years old: ¥2,500  
Preschool children aged 3 years old and over: ¥1,500  
Elementary school children: ¥2,000  
(Age: as of April 1, 2024)

- Household receiving public assistance are exempted.
- Additional ¥900 per hour for extended childcare
- If two children in the same household use the service on the same day, the rate for the second child will be half.

For more information, please contact the Family Support Center (Inquires: Child care Division ext. 572. Or Family Support Center (Tel: 04-7186-4161)

## Japanese Classes will be opened to foreigners by AIRA

Abiko International Relations Association (AIRA) will start Japanese classes (from fundamental class to intermediate class) to foreigners in Fiscal 2024.

If you have a friend who wants to study Japanese, please tell this information. If you want to study Japanese, please contact AIRA by phone, fax or e-mail.

Tuesday class: 10:00 ~ 11:30, starting on May 7 (every Tuesday) at Abista

Saturday class: 10:00 ~ 11:30, starting on May 11 (every Saturday)  
at Abiko Civic Plaza

Tuition: Free of charge (You need to pay for textbooks.)

Application and inquiry: Contact AIRA by phone (phone number: 04-7183-1231), fax or e-mail ([info@e-aira.jp](mailto:info@e-aira.jp)) to get more information.

### Individual Number Card Services on Weekends (Issuance by reservation only)

Call the Civic Section at 04-7185-4326 (8:30 ~ 17:00 on weekdays except national holidays) for a reservation by the day before.

Dates and Hours			Reservation will be accepted
April	14 (Sun)	9:00 ~12:00	Accepting reservations
May	11 (Sat)	9:00 ~12:00	from 9:00 on April 24 (Wed)

Location: Civic Section (Abiko City Hall, 1F)

Services: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, etc.

Requirements: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver's license, health insurance card, bank passbook, etc.)

### Advisory Services- April, 2024

### \* Reservation required

Item	Date/Time	Location	Contact
Legal Advice	April 11, 16, 18, 23 and 25 9:30 ~ 15:30	Civic Consulting Room, 2F, Abiko City Hall Or by telephone	Secretarial Section * Tel: 04-7185-1714 Call for an appointment
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 04-7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Support Office for DV Social Welfare Section Tel: 04-7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 ~ 16:30	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counselor will call you back later.

### Public Health Care Center Programs – April, 2024 Tel:04-7185-1126\*

Item	Date	Eligibility
Maternity Class (Welcome Baby Gakkyu)	April 6, 13 and 20 (Sat) Reservation required*	Expecting women of 20 weeks or over, and their family

Consultation for 4-month-old children	April 9 and 16 (Tue)	Children born in Nov, 2023
Health Checkup for 18-month-old children	April 11 (Thu)	Children born between Sep 1 and 18, 2022
Dental Checkup for 2-year and 8-month-old children	April 18 (Thu)	Children born in Aug, 2021
Health Checkup for 3-year-old children	April 11 (Thu)	Children born between Sep 1 and 18, 2020
Dental Checkup for 5-year-old children	April 18 (Thu)	Children born between Apr 2 and May1, 2019
Baby Food Class for 4 to 6-month-old babies	April 26 (Fri) Reservation required*	First 30 applicants (parents)
Baby Food Class for 8 to 9-month-old babies	April 17 (Wed) Reservation required*	First 20 applicants. Children born in July, 2023

## — Urgent Health Care Consultations —

### 1. Sudden Illness at Night or on Holidays: hospital introductions

Call Fire Station at 04-7184-0119. They will advise you of an appropriate holiday/night-time emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, call 119 for an ambulance.

### 2. Child's Sudden Illness at Night: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 8:00 next day A nurse will advise you about the care to be taken for your infant/child.

### 3. Sudden Illness at Night and Holidays: telephone consultation with a nurse

Call #7119 or 03-6810-1636. Hours: weekdays and Saturdays 18:00 ~ 8:00 next day  
Sundays, Holidays, and year-end/New Year holidays: 9:00 ~ 8:00 next day

### 4. Illness or Toothaches on Holidays: contact Holiday Clinic at 04-7187-7020

(1) Dentist: 9:00 ~ 11:30 (2) Internal Medicine & Pediatrician: 9:00 ~ 11:30, 13:00 ~ 16:30  
Note: Holidays: Sundays, national holidays, year-end/New Year holidays  
Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

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