



Excerpts from the Newsletter issued by Abiko City Phone:04-7185-1111

June: Gender Equality Promotion Month

It has been 20 years since Abiko City became the only Gender Equality Declaration City in Chiba Prefecture. Why don't you think about "gender" in our daily life?

- Don't you think it's better to choose your job more freely without distinguishing between jobs for men and jobs for women ?
- Should women stay home? Should men work outside? -----No.

Lately the number of households where both a husband and a wife work has become more than double of that of the households with housewives. But the hours when men do house chores and child raising together with women haven't increased. Both men and women should do house chores together.

- Are women who major in science considered as special?----No.

There is a support program to increase the number of women majoring in science. The point of women's view will be applied to new research and technology for the better products.

- Pants for men? Skirts for women? ----No.

It is good that everybody can choose whatever clothes he/she likes.

Inquiry: Gender Equality Office Tel: 7185-1752

Exhibition about Torch Relay

We will hold exhibition for Olympic torch relay.

Period: June 10 (Thu) ~ July 5 (Mon) 9:00 a.m. ~ 9:00 p.m.

(On the first day, it will open at 1:00 p.m.) * Closed on June 28 (Mon)

Place: Abista, Exhibition space on the 1st and 2nd floors

Contents: introduction of torch relay in Tokyo Olympic Games 2020

Display of news articles and torch in Tokyo Olympic Games 1964

Inquiry: Secretarial Section ext. 276

120 years Anniversary Commemorative Train of Narita Line ran between Abiko and Narita

Departure ceremony and Arrival ceremony of commemorative train with the headmark was held on April 30. Lots of children and residences gathered along the line to wave hands to the commemorative train. We appreciate your participation.

Medical Exam for National Health Insurance members over 40

Collective checkup will be held for those who are national health insurance members aged over 40. We recommend those who regularly consult your doctor to have medical checkup individually.

Date	Place	Due date of application
July 26 (Mon)	Health Care Center	By June 18 (Fri)
September 30 (Thu)	Civic Plaza	By August 24 (Tue)
October 8 (Fri)	Health Center	
October 23 (Sat)		

Specific medical examination and colorectal cancer screening Capacity: first 100/day

Fee: 1000 yen, additional prostate cancer screening for 500 yen

Application and inquiry: Health Care Center Tel: 7185-1126

Event

Chao Mandolino 15 Anniversary Commemorative Premium Concert

Date, time and place: July 4 (Sun) 14:00 opening at Keyaki Plaza

“The jewels of the Madonna”, “The stranger”, “Two guitars”, etc.

Conductor: Takeshi Katakura Admission free

Application and Inquiry: Hirayama Tel: 090-7835-9861

Individual Number Card Services On Weekends (By reservation only)

Call the Civic Section at 7185-4326 (9:00a.m. – 5:00p.m. on weekdays) for a reservation.

Dates and Hours	Reservation will be accepted from
June 12 (Sat) 9:00 – 15:00	from 9:00 a.m. on June 2 (Wed)
June 27(Sun) 9:00 – 15: 00	from 9:00 a.m. on June 16 (Wed)
July 17 (Sat) 9:00 – 15:00	from 9:00 a.m. on July 6 (Tue)

Location: Civic Section (Abiko City Hall, 1F)

Services: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, Renewal of electric certificate (reservation required)

Requirements: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver’s license, health insurance card, bank passbook, etc.)

Individual Number Card Application at public hall (By reservation only)

Your photo will be taken for free. Application by proxy won't be accepted.

Reservation will be accepted from 9:00 a.m. on June 8 (Tue)

Call the Civic Section at 7185-4326 (9:00 a.m. – 5:00 p.m. on week days)

Date and hours: July 4 (Sun)

① 9:30 a.m. – noon (reception by 11:00a.m.) ② 1:00p.m. – 4:00 p.m. (reception by 3:00 p.m.)

Venue: Kohoku District Public Hall Capacity: ① first 40 people ② first 50 people

Requirements are the same as the above those for the above services on weekdays

Contact: Civic Section, Ext. 693

Advisory Services- June, 2021

* Reservation required

Item	Date/Time	Location	Contact
Legal Advice	June 3, 10, 15, 17 and 22 9:30 ~ 15:30	Civic Consulting Room 2F, Abiko City Hall	Secretarial Section *Tel: 7185-1714 Call for an appointment after 8:30 on June1
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Social Welfare Section Tel: 7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 – 17:00	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counselor will call you back later.

Public Health Care Center Programs –June, 2021

Tel: 04-7185-1126

Item	Date	Eligibility
Maternity Class (Shiawase Mama & Papa Gakkyu)	June 5, 12, 19 (Sat) *Reservation required	Expecting women of 20 weeks or over, and their family

Consultation for 4-month-old children	June 15 and 22 (Tue)	Children born in January 2021
Health Checkup for 18-month-old children	June 24 (Thu)	Children born between Nov 18 and Dec 13, 2019
Dental Checkup for 2-year and 8-month-old children	June 29 (Thu)	Children born in October, 2018
Health Checkup for 3-year-old children	June 3 and 17 (Thu)	Children born between Oct 13 and Nov 26, 2017
Dental Checkup for 5-year-old children	June 29 (Tue)	Children born between Jun 4 & Jul 5, 2016
Baby Food Class for 4 to 6-month-old babies	June 25 (Fri) * Reservation required	First 30 applicants (parents)
Baby Food Class for 8 to 9-month-old babies	June 15 (Tue) *Reservation required	First 20 applicants. Children born in Sep, 2020

— **Urgent Health Care Consultations** —

1. Sudden Illness at Night or on Holidays: hospital introductions

Call Fire Station at 7184-0119. They will advise you of an appropriate holiday/night-time emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, call 119 for an ambulance.

2. Child's Sudden Illness at Night: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 6:00 next day A nurse will advise you about the care to be taken for your infant/child.

3. Sudden Illness at Night and Holidays: telephone consultation with a nurse

Call #7009 or 03-6735-8305 Hours: weekdays and Saturdays 18:00 ~ 23:00
Sundays, Holidays and year-end/New Year holidays: 9:00 ~ 23:00

4. Illness or Toothaches on Holidays: contact Holiday Clinic at 7187-7020

(1) Dentist: 9:00-11:30 (2) Internal Medicine & Pediatrician: 9:00-11:30, 13:00-16:30

Note: Holidays: Sundays, national holidays, year-end/New Year holidays

Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

Newsletter Abiko No. 320 June 1, 2021	
Published by: :Abiko City Office	http://www.city.abiko.chiba.jp
Edited & Translated by: Abiko International Relations Association (AIRA)	
Tel: 04-7183-1231	Fax: 04-7183-2005
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